



Draft Conference Programme

Friday 17th November 2023

Stirling Court Hotel, University of Stirling

09.15 – 09.20 **Welcome and Introduction**

Fiona Brownlie. Chair of CRIGS

09.20 – 09.50 **Update on National Cardiac Rehabilitation Scoping Framework**

Richard Forsyth, Health Systems Insight Manager – Scotland, BHF

09.50– 10.20 **Meeting the psychological needs of the ACHD population**

Deirdre Holly, Principal Clinical and Health Psychologist

10.20 – 10.50 **To be confirmed**

10.50 – 11.20 Movement and Coffee break

11.20 - 11.50 **Vocational Rehabilitation in Cardiac Rehab; the role of the OT in Cardiac Rehab Lothian**

Lisa Paterson and Alison Hagarty, Occupational Therapists, NHS Lothian

11.50 – 12.20 **Takotsubo Cardiomyopathy – what is it and how do we rehabilitate the survivors?**

Dr Dana Dawson, Professor of Cardiovascular Medicine and Consultant Cardiologist, NHS Grampian

12.20 – 12.40 **ACPICR Standards for Physical Activity and Exercise: 2023 Update**

Dr Aynsley Cowie, Consultant Physiotherapist, NHS Ayrshire and Arran; Research Officer, APICR

12.40 – 12.50 **CRIGS AGM**

12.50 – 13.50 Movement and lunch break

13.50 -14.20 **The ticking time bomb**

Ian Russell

14.20 – 14.50 **Physical Activity Provision in Forth Valley**

Scott Burton and Lorraine Richardson

14.50 – 15.10 **Patient representative**

Dr Liz Furrrie, Tayside

15.10 – 15.40 **Lipid Management**

Dr Karen Mitchell, Consultant Chemical Pathologist, NHS Grampian

15.40 -15.45 Closing remarks & Conference Close

Supported by British Heart Foundation Scotland and Chest Heart & Stroke Scotland