

Patient
Leaflets

Bowls



Exercise
Classes



Dancing



Cycling



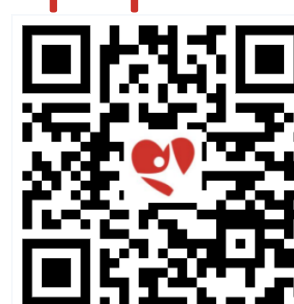
Gardening



Golf



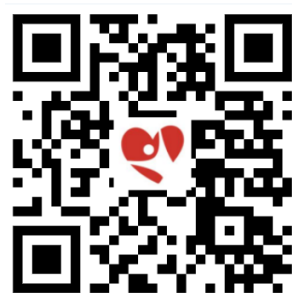
Gym
Equipment



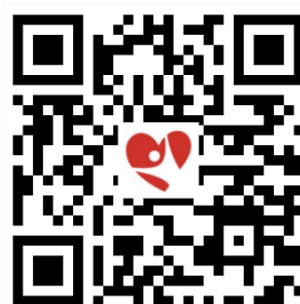
Home
Exercise



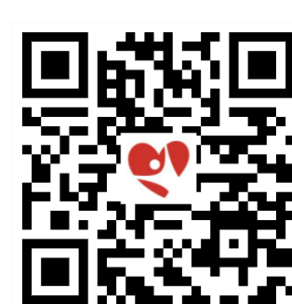
Racquet
Sports



Running



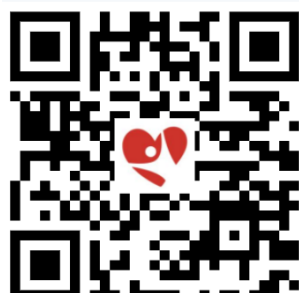
Strength
Training



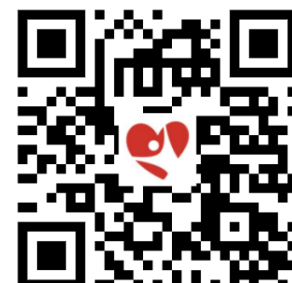
Swimming



Tai Chi /
Yoga /
Pilates



Walking



Winter
Sports

